

Two-Day Silent Walking Yatra

The ancient Sanskrit word 'Yatra' means pilgrimage or spiritual journey.

One of the great challenges of modern life is staying true to your sense of self - your passions, your wisdom, innate enthusiasm, spiritual fire and love. Our Yatra offers a chance to rekindle the soul.

Join us for a unique Yatra, deep into the unique Blue Mountains wilderness.

Combining the primordial rhythms of walking with the reflective power of silence, meditation, and dialogue around the campfire, our Yatra provides a fully immersive journey creating a space for the mind and body to align - breathing new life back into the soul.

Date: 6-7 August 2016

Where: Upper Blue Mountains Cost: Donation only

For more info see: Philip (Fergus's Dad Class 2) or Gary (Alina's Dad Class 3) www.awakentothewild.com.au

Yoga @ Kindlehill: Winter Term 2016

Morning yoga classes in our beautiful performance space.

Stay strong with a consistent yoga practice through the chilly months.

Saturday 16 July to Saturday 10 September 2016

8:30am to 10:00am, \$135 for 9 weeks

Tuesday 19 July to Tuesday 20 September 2016

7am to 8am, \$120 for 10 weeks

Yoga for all levels in the tradition of BKS Iyengar. Call Simone on 0419 986 896.

Tara's Tails

Love and care provided by a qualified veterinary nurse for furry, finned, feathered and scaly family members. Holiday home visits and dog walking. Reasonable daily rates, no job too short or too long! Phone Tara on 0400 246 215.

Kindlehill Performance Space Sunday June 26th Bobby Singh and Sangeet Mishra 4pm

Experience Hindustani Classical Music in Wentworth Falls at that very special time of dusk. Music Hunter Projects presents Sangeet Mishra, direct from Mumbai, young Sarangi Maestro on the Sarangi accompanied by renowned Australian Tabla player, Bobby Singh. 4pm Group pre-booking specials, buy them www.musichunterprojects.com or at the door U 18s welcome.



Newsletter: 20th June 2016

Winters Night Programme - Friday 24TH June

5:30pm Children arrive and go direct to classes - change into costumes. Parents welcome to enjoy a chai served by high school at the pizza oven.

6pm Performance begins with SINGING from the WINTER WARM SINGERS and lighting of the PEACE candle for Winter' Night.

(We ask that parents come into the performance space 5 mins prior to the start in quietness and be mindful that it will be very cosy in there with the whole school community present.)

SCHOOL PLAY - Story, music and singing: A Winter K/Night's Tale

(This incorporates beautiful songs and an orchestral rendering of Water is Wide.)

Guitar piece and WINTER WARM SINGERS to see us into the night.

CHILDREN RETURN TO CLASSES - change into outside clothes and LIGHTING OF LANTERNS. This is the HANDOVER FROM TEACHERS TO PARENTS! From this point, children need to stay with parents for SAFETY.

WALK TO LAKE - OPTIONAL BUT A BEAUTIFUL WAY TO FINISH.

We encourage parents to PARK AT THE LAKE and WALK up to school (parking at school will be very congested).

GO HOME and to bed by LANTERN LIGHT - a very special thing for the young children to clean teeth and ready for bed to the soft glow of candle light.

SWEET DREAMING!



Term 2...

Term 2: Tuesday 26th April – Friday 24th June

Week 9: Screen Free Week—Monday to Friday
Friday 24/6 Winter's Night
Sat 25/6 Working bee 9am

Week 1 Term 3 Monday 18th July

End Of Term Buzzy Bee – 9am to noon, Saturday 25th June

That's right, it's not a busy bee but a buzzy bee. We will be gathering together the Block Splitting Pappas and the Chainsaw Mamas to fill the woodshed and wood boxes, and diminish our wood pile.

Please let John know if you can bring your chainsaw, axe or block splitter so that you can lend a hand.

Last time we did this, we had many volunteers. We cut several year's worth of firewood.

If you would rather not be behind the tool, please bring gloves and you can help cart wood to the wood shed.

We will be strict in restricting children from the cutting/chopping area. However, it is timely to remind parents that your children are under your supervision during the Buzzy Bee. Please also set boundaries of where they can and can't go.



Class Teachers will also be organising Class based busy bee activities as well.

If you could help on the coffee machine on the day please let the office know.

Walking Pilgrimage 6-7th August

What a wonderful opportunity to come home to your senses and breathe new life into your soul, walking in good company, in the beautiful Blue Mountains....See Philip and Gary's' Walking Pilgrimage information in this newsletter.

THOUGHTS FOR A SCREEN FREE WEEK

Lee Trew, in the Wednesday evening talk on Re Wilding the self, spoke about the experience of "coming to your senses"; using your senses to live in the world as a foundation for what it means to be human. He also spoke about the path to developing "inner authority"; one's own capacity to set a direction in life, to decide for oneself what is of value.

Interestingly, these two key concepts are at the centre of Steiner education from kindy to high school. Nourishment and enlivening of the senses as a prime focus in kindy, engagement with the world through the feeling life in the primary and then in high school – a path to unfolding thinking so that one can establish this inner authority for one's life in a way that is connected to others and the world as a whole.

This week, as a lead up to Winter Night, we invite you to go screen free (except where necessary for your work of course). To experience the "coming home to your senses" and the re-setting of "inner authority" for your life and what is of value.

Our children and young people need the guidance and protection of the adults around them. Access to hand held devices has exponentially increased the challenges and risks they face to well being. Young children up in the night secretly playing games on tablets, young people in a state of hyper-arousal because the postings on facebook indicate a friend is at risk of self harm, curious children accessing pornography sites, children playing out imaginations jammed with images of adversarial behaviour from games, tiredness during the day due to late online activity, preference for spending time with online "friends".....just to name a few very common things that we can encounter in our school community...

At Kindlehill, we strive for creative and purposeful integration of ICT in the high school years. Our young people will go equipped for the needs of a technological world but also with the balance of real life encounter. Throughout the school, we take a stand for careful and wise guidance of children and young people, to support them to grow in ways that manage the risks of internet access. The innovation entrepreneurs would have us believe we can't live without our "hands free" technology. This week, we can demonstrate if only to ourselves, inner authority and we can nurture our senses. We can give a very contemporary meaning to the celebration of the winter solstice – a renewal of sun within and without.

Will you join us?

Below is a link to an interesting article from the Guardian around technology use on schools.

Lynn

http://www.theguardian.com/education/2016/jun/14/steiner-schools-children-tablets-tech?CMP=share_btn_fb